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HALIFAX • TUESDAY, SEPTEMBER 15, 2009

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EASY MONEY WEEKDAYS

@ 7:13am, 8:13am, 12:13pm & 4:13pm

## Swayze dies at 57 after cancer fight

**DEATH** Patrick Swayze, the hunky actor who danced his way into viewers' hearts with *Dirty Dancing* and then broke them with *Ghost*, died yesterday after a battle with pancreatic cancer. He was 57.

"Patrick Swayze passed away peacefully today with family at his side after facing the challenges of his illness for the last 20 months," said a statement released yesterday evening by his publicist, Annett Wolf. No other details were given.

Fans of the actor were saddened to learn in March 2008 that Swayze was suffering from a particularly deadly form of cancer.

He had kept working despite the diagnosis, putting together a memoir with his wife and shooting *The Beast*, an A&E drama series.

THE ASSOCIATED PRESS



Patrick Swayze

## Fashion Week

Zac Posen



A model wears an outfit from the Zac Posen spring 2010 collection during Fashion Week in New York yesterday.

## Budget law correction denounced

\$590M deficit prompts change, N.S. NDP blasted as hypocrites

**Nova Scotia's new NDP government confirmed yesterday it will amend the province's balanced budget law to allow for a growing deficit, a move that prompted accusations of gross hypocrisy.**

The former Conservative government, soundly defeated by the NDP in the June 9 election, tried to introduce amendments when it presented a budget a month earlier. But the NDP joined the Liberals to reject the bid, triggering the election.

At the time, Dexter accused the Tories of trying to hide a deficit by engineering a complex legislative manoeuvre that would have suspended legally required debt payments to allow the province to remain in the black. He said the NDP would have agreed to the changes had the government been more open about what it was doing.

Yesterday, rookie Finance Minister Graham Steele said he was left with no choice but to change the Provincial Finance Act.

He said the latest numbers from his department show the province's 2009-

10 deficit stood at a whopping \$590 million — a far cry from the small surplus the Tories had predicted.

"The coming budget will show a truer picture of the province's finances than was presented on May 4," he said in a speech to the Halifax Chamber of Commerce.

"Unfortunately, it's not a pretty picture."

Steele later tried to draw a distinction between the NDP's proposed amendments and what the Tories had tried to do.

"What I can say to you today is that the amendments we will introduce will cover the current fiscal year — this is the situation that has been handed to us," he said after the speech.

"We really had very little choice in the matter."

Liberal Leader Stephen McNeil accused the NDP of saying one thing, then doing another.

"The hypocrisy that's written all over this is incredible," McNeil said in an interview. "Here is a government doing the exact same thing they defeated the previous government on."

THE CANADIAN PRESS

## News on the Move

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## Sports pg 12

Picard returns to Halifax

## Food pg 16



Go Greek for pasta bake

## On the web

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## Federal NDP poised to back Harper's Tories: Sources

**OTTAWA** The NDP is likely to support the Conservative minority government in a confidence vote this Friday and avert another federal election — at least for now — party sources told The Canadian Press.

The highly anticipated ways-and-means motion later this week clears the way for a future vote on budget items such as tax credits for

home renovation and the working poor.

The Liberals will vote against the motion after Michael Ignatieff said his party can no longer support the government. The Bloc Québécois are still undecided.



Jack Layton

But the NDP sent a signal that it will vote to support the Conservative government on a confidence measure for the first time since Prime Minister Stephen Harper formed a government almost four years ago.

There may be little lasting political damage for the NDP in voting for popular tax credits. Nor would it be difficult to back a new

change to employment insurance proposed yesterday by Human Resources Minister Diane Finley.

NDP Leader Jack Layton told reporters in a prepared statement: "Our preference remains fighting for the unemployed rather than fighting for a second election."

While Layton seemed to be grasping for a Conservative olive branch, it was far

from clear the Tories were even extending it.

Layton repeatedly pleaded with Harper during the Commons' daily question period to commit to working with the opposition. Harper flatly ignored him.

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# Local



## Turning on to CFL bulbs

It's time to make the switch. That's what Nova Scotia Power and Clean Nova Scotia officials are saying today at The Home Depot in Dartmouth, where a new Cleaner, Greener, Brighter program is being launched to help Nova Scotians change their incandescent light bulbs to compact fluorescent bulbs. From today through Nov. 30, a news release says, residents can save \$3 off multi-packs of six or more Energy Star qualified CFL bulbs and \$4 off packs of qualified specialty CFL bulbs at more than 130 retailers across the province. METRO HALIFAX



## Multi-vehicle accident puts 2 in hospital

**INJURIES** Two people were taken to hospital with non-life-threatening injuries after a multi-vehicle accident during yesterday's morning rush hour on the Circumferential Highway near the Mount Hope exit.

The rear-end collision occurred in the Dartmouth bound lane at about 8:15 a.m. Paul Maynard of Emergency Health Services said a 29-year-old woman was pinned between two vehicles and fire fighters were needed to help get her out. She was taken to Dartmouth General Hospital with neck and back pain. A 20-year-old woman from another car was also taken to Dartmouth hospital with neck and back pain. Maynard listed both in fair condition.

The accident was one of three emergency personnel responded to yesterday morning during the commute to work. A car went off the road on the Bicentennial Highway towards Halifax, and a vehicle hit a power pole around Laceywood Drive and Stoneybrook Court. Maynard said there were no injuries in either accident.

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What's online today.

**Watch** NDP Leader Jack Layton says Tories' proposed EI reforms a step in the right direction in avoiding fall election at metronews.ca/canada

**Your Money** Allan Small looks at ways investors can protect themselves from inflation as recovery continues at metronews.ca/investing



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# Not guilty verdict in Mercer death

Accused whisked away by lawyer as angry crowd gathers outside courtroom

**Loud sobs and expressions of disbelief filled a packed Truro courtroom yesterday as Judge Alan Tufts rendered his not guilty verdict in the manslaughter case against Terry Dean Allen.**

"Oh my God," a shocked and anguished Aleisha Mercer reacted as the judge read his decision against her daughter's accused killer.

Mercer, then immediately began wailing and crying as family and supporters helped her from the courtroom.

Moments later, as Allen,

28, stepped outside the court building he was assailed with angry shouts, curses and taunts before being whisked away by his lawyer from the embittered crowd.

Samantha Marie Mercer died at age 3 in early March 2005 after receiving massive brain damage and other injuries while under Allen's care in the Brunswick Street home he shared with her mother. Mercer was at work when the injuries occurred.



Terry Dean Allen

Samantha died two days later after being removed from life support at the Children's Hospital. The June trial, held up in part because of the busy schedule of an expert Crown witness, lasted almost three weeks.

Supporters of the Mercer family, shouted words of hate toward Allen and expressed bitter disappointment in what they viewed as flawed justice where Samantha was concerned. Tufts said in provincial

court that while he doesn't "accept or believe" all of Allen's testimony into the 2005 death, it is not the role of a trial judge to discover "what happened."

He said his duty was to determine if the Crown proved beyond a reasonable doubt if Allen was responsible for the little girl's death.

"The Crown failed to do this," Tufts said in a 61-page written decision.

The Crown alleged that Allen, who was living with the girl's mother at the time, injured the girl by deliberately slamming her

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head into a bedroom wall.

But Allen insisted the girl was hurt during a fall down a flight of stairs with a large dog — a claim that drew conflicting testimony during his trial earlier this year. TRURO DAILY NEWS WITH FILES FROM THE CANADIAN PRESS

## Melvin denied bail in new weapons case

PAUL MCLEOD  
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**CRIME** Jimmy Melvin Jr. looks to be staying in jail for the foreseeable future.

After a lengthy hearing that lasted several hours yesterday afternoon at Dartmouth provincial court, Chief Judge Patrick Curran denied the 27-year-old bail. A publication ban was placed on the proceedings, at the request of Melvin's lawyer, Josh Arnold.

Police officers arrested Melvin, an alleged Halifax crime figure, last Thursday night when the vehicle he was in but not driving was pulled over on Portland Street in Dartmouth.

Halifax Regional Police say they found drugs and a prohibited weapon in the vehicle.

As he was being taken away by sheriffs outside of court late yesterday, Melvin yelled, "I can't f-cking believe he did that" to his sister and girlfriend, who were both waiting in the parking lot. He also took time to tell them he loved them and flip the middle finger to reporters.

Melvin is facing drug- and weapon-related charges in this incident but was already under recognition for several other court matters when he was arrested, including for a break-in and, in a separate case, an arson.

In court, Melvin put his head in his hands and at one point started clutching



Jimmy Melvin Jr. is escorted out of Dartmouth provincial court yesterday after being denied bail. Melvin was facing drug-related charges stemming from an arrest last week.

his side where he has a colostomy bag. Melvin has been shot multiple times since being released from jail 10 months ago.

It is the second time in recent months Melvin has been allegedly caught in a

car with a weapon.

In June police pulled over a car carrying Melvin and three other men and claim it had bear spray and a collapsible baton in it.

Those charges were dropped when prosecutors

determined it wouldn't be possible to prove Melvin had knowledge or ownership of the weapons. Melvin is scheduled to reappear in court tomorrow for election and plea on this case.

### News in brief

**BEAR SPRAY ATTACK** A 17-year-old Dartmouth High School student was attacked with bear spray yesterday afternoon. Halifax Regional Police said the student reported being sprayed on Victoria Road, just outside of school, at 3:20 p.m. The victim described the suspect to police as a white male with dreadlocks who was wearing a red bandana at the time. The suspect was last seen walking or running toward the Dartmouth Common, police said.

**ATV ACCIDENT** Police have released the name of the man killed in an all-terrain vehicle accident over the weekend. Enfield RCMP say Albert Moore, a 41-year-old from Lower Sackville, died early Sunday morning when the ATV he was riding left the road and rolled over in Kennetcook at about 4:30 a.m. Moore was thrown from the ATV and suffered fatal injuries as police believe he was driving on the shoulder of the road before veering off. RCMP say they suspect alcohol was a factor in the accident.

**BOOK AWARD** Education Minister Marilyn More popped by Hawthorn Elementary School in Dartmouth yesterday to drop off a pile of children's books in the library. The 40 books have been nominated for the Hackmatack Children's Choice Book Award literacy program, designed to give students from Grades 4 through 6 the chance "to read from a selection of outstanding Canadian and Atlantic Canadian books, and then vote for the books like they best," an Education Department news release says.

METRO HALIFAX



## Dane Cook to yuk it up in Halifax

Popular comedian Dane Cook is coming to the Halifax Metro Centre for a show on Sunday, Dec. 6 as part of his Isolated Incident Global Thermo Comedy Tour. Tickets to see Cook, an actor who has also released five comedy albums, go on sale Friday at noon. **METRO HALIFAX**

# Grants now foster richer culture later

KRISTEN LIPSCOMBE  
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**Cameron Rasmussen, 16, didn't think he'd be strumming a solo in front of local rocker Joel Plaskett — at least not so early on in his career.**

But that's exactly what happened yesterday at J.L. Ilsley High in Spryfield, where Plaskett played two tunes for a gymnasium full of star-struck students and helped promote a special program that's bringing the joy of music to schools across the province.

The high school's jazz band opened for Plaskett yesterday, with Rasmussen wailing on an electric guitar while the 34-year-old music role model sat nearby with a smile of approval, his own white guitar case at his feet.

"I got to play in front of Joel Plaskett! How cool is that?" Rasmussen said before snagging an autograph from the four-time Juno Award nominee.

"It's just fun to play the guitar," the Grade 11 student said, adding he loves all types of music, but prefers



Local rocker Joel Plaskett joins members of the J.L. Ilsley High jazz band yesterday inside the Spryfield school while they show off some new instruments purchased thanks to a \$10,000 grant from Canadian music education charity MusiCounts.

heavy metal.

J.L. Ilsley High is one of 19 Nova Scotia schools who have benefited from \$10,000 Band Aid grants from Musi-

Counts, described online as Canada's music education charity associated with The Canadian Academy of Recording Arts and Sciences.

In total, Atlantic Canadian schools have received \$440,000 since 1997, a news release says.

Band director Leslie Broomhead said J.L. Ilsley was one of two Nova Scotia schools to be approved for grants this year. "We used it to buy some new instruments."

Marcia Peters, 17, also stood out during her solo yesterday, using brand new mallets to make the most of her xylophone.

The Grade 12 student said the additional equipment has allowed the band to "bring it to the next level."

"We'd be missing whole sections just because the saxophones didn't work," Peters said. "The students coming in are going to have the right (instruments) to start (learning) with."

Plaskett said he's more than happy to show his support for Nova Scotia's future music superstars.

"I got started playing in bands when I was in high school," he pointed out.

"If you help foster (music) ... it's just going to make for a richer culture down the road."

# Industrial accident leaves one man dead

KRISTEN LIPSCOMBE  
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A 45-year-old Halifax area man died Sunday night when he was struck by a shunt, a large device used to transport containers, while working at Ceres terminal, police said.

The industrial accident happened shortly before

10 p.m. at the terminal on Bayne Street, by a ship docked in the Bedford Basin, according to Halifax Regional Police.

"The accident occurred underneath the cranes, which line up over top of the ship," police spokesman Const. Brian Palmeter said yesterday afternoon. "He was working in the area underneath the cranes."

Palmeter said police are "conducting a standard in-

vestigation into the matter." The Labour Program of Human Resources and Skills Development Canada is conducting its own investigation.

In an email to Metro Halifax yesterday, a representative of the federal government department wrote that the latter investigation is being conducted "in ac-

cordance with the requirements of ... the Canada Labour Code."

The email also said "information on an investigation cannot be shared," also under the terms of the Canada Labour Code.

Palmeter called the workplace tragedy "an unfortunate incident," adding paramedics declared the man dead on scene. He said police don't plan to release the victim's name.

**"The accident occurred underneath the cranes, which line up over top of the ship."**

Const. Brian Palmeter

# Metal rock show to hit East Coast in November

**CONCERT** Metal rock fans, you'll want to take note. Canadian Carnage East feature Megadeth and Slayer is coming to the Halifax Metro Centre on Monday, Nov. 9 at 6:40 p.m.

The five-date tour starts Nov. 8 in Moncton and ends Nov. 13 in Toronto. The tour will also feature Machine Head and Suicide Silence, with Megadeth and Slayer alternating as closing act.

Megadeth will be the closing act for Halifax.

Tickets for this event go on sale Friday at 9 a.m. and cost

\$64.50,

plus service charges.

Tickets are available at the Halifax Metro Cen-

tre box office, all participating Atlantic Superstore outlets, by phone at 451-1221 or online at ticketatlantic.com.

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## News in brief

**CASH** A group working to restore a historic building in Nova Scotia's Guysborough County has received a financial boost. The Atlantic Canada Opportunities Agency will provide \$204,000 for the conversion of the Commercial Cable Building in Hazel Hill to a multi-use facility. The province has also committed \$79,000 to the project while the Guysborough District Municipality will contribute \$28,000. Built in 1844, the Commercial Cable Building was a relay station for telegraph messages. It closed in 1962.

**THE CANADIAN PRESS**

# \$150,000 going to Atlantic film and TV productions

**ARTS** The federal government and the four Atlantic provinces announced yesterday a contribution totalling \$150,000 to the Atlantic Film Festival Association's Strategic Partners Co-production Market and Inspired Series.

The events run Thursday through Sept. 26 as part of the film festival.

According to a federal

government release, Strategic Partners helps producers find national and international partners for film and TV projects, while Inspired Series delivers a venue for professionals in the industry to review scripts, documentary film and music.

"We believe it's important to invest in initiatives like Strategic Partners and Inspired Series events be-

cause of their success in creating new market opportunities, attracting new investment and helping cultural industries and our economy grow," Kevin Ashfield, Minister of State for the Atlantic Canada Opportunities Agency, said in a release.

This year's festival includes 235 titles to be shown over 10 days.

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The owner of a fishing vessel from Newfoundland that sank on the weekend with the loss of at least one crew member says the tragedy might have been avoided if the federal government had based a helicopter in St. John's. The search and rescue helicopter station for the province is based in Gander, in central Newfoundland. **THE CANADIAN PRESS**

# Canada



## Clement denies anti-gay claims

Industry Minister Tony Clement, left, denied yesterday he directed his department to give any special scrutiny to gay-themed tourism events, and lashed out angrily at opposition suggestions that homophobia motivated government funding decisions. Clement insisted he did not oust cabinet colleague Diane Ablonczy from the helm of a tourism program after she approved funding for Toronto's gay pride week. **THE CANADIAN PRESS**

# Death prompts debate

Jean weighs in on usefulness of Canada's role in Afghanistan

**The death of another young Canadian soldier has provided the kindling to reignite the debate over the usefulness of Canada's role in Afghanistan — and even Gov. Gen. Michaëlle Jean waded into the issue yesterday.**

The death of 21-year-old Pte. Patrick Lormand, Canada's 130th soldier killed in the mission, prompted an impassioned address from the country's top-ranking soldier in Afghanistan.

Brig-Gen. Jonathan Vance's stern rebuke was aimed directly at a Liberal senator who publicly expressed doubt about the mission's potential.

Senator Colin Kenny, the chair of the Senate Committee on National Security

and Defence, compared the effort to the historic military quagmire in Vietnam and suggested Canada should scale back its role in the remaining year of its combat mission.

That was met with a harsh response from Vance as he spoke about the passing of Lormand.

"Neither (Lormand) nor his family benefit from uninformed opinions about what his goals were and the techniques he used to achieve them," Vance said. Military officials told reporters the statement was directed at Kenny.

Canada's normally apolitical Governor General also

waded into the issue.

She described an emotional trip she took to Kandahar last week, and applauded the good work of Canada's soldiers.

"It broke my heart today to learn of the death," Jean wrote in the statement, which was posted on her website.

"As a tribute to Private Lormand, I would like to reflect on the mission for which he so bravely gave his life, because, not three days ago, I was with our soldiers in Afghanistan to honour the difficult and remarkable job they are doing."

Jean described a visit to a school where, she said, chil-



Jean

## Harper to meet with Obama, congressmen

**WASHINGTON** On the eve of a possible federal election, Prime Minister Stephen Harper will spend an hour this week in the most storied office in the world next to a man who remains wildly popular in Canada — U.S. President Barack Obama.

Harper's visit to Washington includes a sit down with Obama in the Oval Office for an hour tomorrow is undoubtedly a marquee moment for an embattled leader.

"It's a hardly a pittance," Paul Frazer, a one-time

Canadian diplomat who's now a consultant in Washington, said yesterday.

Frazer disputed any suggestion that Obama was paying Harper short shrift with the hour-long working visit.

As well, Frazer pointed out, Harper knows where much of the real power in Washington resides — in Congress. To that end, the prime minister will meet with leading congressional Democrats, including Nancy Pelosi and Harry Reid.

**THE CANADIAN PRESS**

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### News in brief

**ELECTION** The NDP have asked Canada's top election official if the country is prepared to go to the polls during a swine flu outbreak. Judy Wasylycia-Leis, the

NDP's health critic, has written to Elections Canada about the possible resurgence of the influenza A (H1N1) virus this fall. **THE CANADIAN PRESS**

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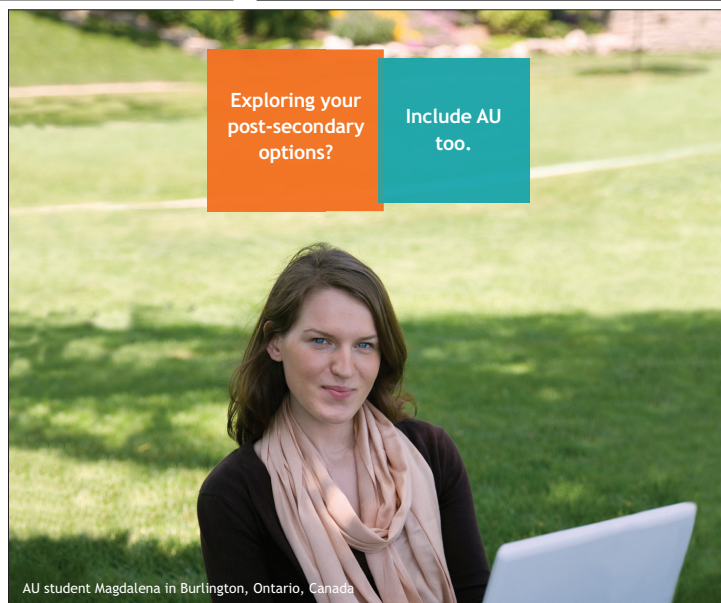
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AU student Magdalena in Burlington, Ontario, Canada

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Tuesday, September 15, 2009

metro

## Edmonton's lone elephant stays

A veterinarian has ruled that moving the sick animal could threaten its life. **THE CANADIAN PRESS**

canada 5



Prince Edward Island Premier Robert Ghiz greets New Brunswick Premier Shawn Graham, right, as Nova Scotia Premier Darrell Dexter, left, looks on in Saint John, N.B. yesterday. The premiers made a health and wellness announcement involving the three Maritime provinces.

## Atlantic premiers work for wellness

Announce campaign to encourage active and healthy lifestyles for youth

The Atlantic premiers have launched a television and Internet campaign aimed at encouraging young people to live active and healthy lives.

The campaign — called Let's Right the Future — features ads showing people getting younger as they talk about healthy eating and activity.

"Much of the population in Atlantic Canada is inactive, obese and under increasing levels of stress and has some of the highest smoking rates in the country," said New Brunswick Premier Shawn Graham.

"Our nation's children, our future, may be the first generation in decades to have a shorter life expectancy than their parents."

The \$500,000 bilingual campaign also includes a website with links to resources in the four provinces.

**"Our nation's children ... may be the first generation in decades to have a shorter life expectancy than their parents."**

Shawn Graham,  
New Brunswick  
premier

Nova Scotia Premier Darrell Dexter said it's disturbing to see statistics showing youth obesity rates have tripled in the last 25 years.

"As a father, I encourage all parents to take the time to Right the Future for their children. The guidance that we provide our children and youth today will benefit them now and well into the future," Dexter said.

THE CANADIAN PRESS

## News in brief

**KIDS** The Canadian Paediatric Society issued new recommendations today instructing doctors to watch and wait before

treating most ear infections with antibiotics in healthy children over six months of age.

THE CANADIAN PRESS



## Free Public Forum on Internet Safety

September 21, 2009 - 6:30 - 9:00pm  
Holiday Inn Harbourview, Dartmouth, NS

Presented by the HTCIA, join guest speakers from the RCMP Internet Child Exploitation Unit, Cybertipica, and other industry leaders as they discuss Internet safety and protecting our children from Internet related child exploitation.

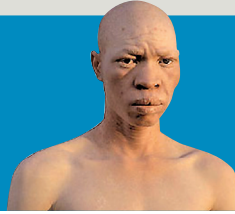
This event aimed at families, students and teachers, will attempt to answer questions related to general Internet safety and introduce programs available to make the Internet a safe, and educational tool.

For more information and to register, visit our website at [www.htciacommunity2009.ca/forum](http://www.htciacommunity2009.ca/forum) or call 902-229-6282



More bad news for journalists: The percentage of people who believe their work is inaccurate and biased continues to grow. Nearly two-thirds of Americans surveyed by the Pew Research Center for the People & the Press believe that news stories are often inaccurate. **THE ASSOCIATED PRESS**

# World



## Speaking up for Tanzania's albinos

A Canadian rights group says it will not rest until there is an end to the murder of albinos in Tanzania — a minority often hunted down for their body parts to be used in witchcraft. Since 2007 at least 53 albinos have been killed in various parts of the east African nation, with most incidents occurring in the remote northwest regions of Shinyanga and Mwanza, where superstition is deep-seated. **REUTERS**

## Obama warns Wall Street

President Barack Obama sternly warned Wall Street yesterday against returning to the sort of reckless and unchecked behaviour that threatened America with a second Great Depression.

Even as he noted the U.S. economy and financial system were pulling out of a downward spiral, Obama warned financial titans on the first anniversary of the Lehman Brothers collapse that they could not count on any more bailouts.

He credited his administration and the \$787-billion stimulus package rammed through Congress in the first days of his taking office for pulling the country back from the brink.

"We can be confident

that the storms of the past two years are beginning to break," he said.

And even as the economy begins a "return to normalcy," he said, "normalcy cannot lead to complacency." Nevertheless, Obama said, "Instead of learning the lessons of Lehman and the crisis from which we are still recovering, they are choosing to ignore them."

**THE ASSOCIATED PRESS**

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## Philippines Demand for troops to leave



Protesters shout slogans during a rally outside the U.S. Embassy in Manila yesterday to protest the continued presence of U.S. troops in the Philippines through the Visiting Forces Agreement, or VFA. The U.S. troops are currently stationed in southern Philippines to help the Philippine military in its fight against terrorism in the wake of terrorist attacks on U.S. soil in Sept. 11, 2001.

## News in brief

**U.K.** In a case that altered airport security worldwide, three British Muslims were imprisoned yesterday for at least 30 years each for a plot to kill thousands by blowing up transatlantic airliners with liquid explosives hidden in soda bottles.

**PAKISTAN** A missile fired from a suspected unmanned U.S. drone slammed into a car in a Pakistani tribal region close to the Afghan border yesterday, killing four people, intelligence officials and residents said. The apparent American missile strike was the latest of more than 50 in the northwest region since last year.

**MURDER** Clues increasingly pointed to an inside job yesterday in the slaying of a Yale graduate student whose body was found stuffed inside a wall five days after she vanished from a heavily secured lab building accessible only to university employees.

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# Death penalty sought for U.S. man charged with mobile home murders

A prosecutor says he will seek the death penalty for a 22-year-old man charged with killing his father and seven others inside the family's mobile home in coastal Georgia. **THE ASSOCIATED PRESS**

## India Kashmir protest



A Kashmiri transporter holds a placard reading "In the midst of oppression and tyranny, Jihad is our slogan," amidst tear gas smoke during a protest in Srinagar, India, yesterday. Police in Indian Kashmir fired tear gas shells and used coloured water cannons to disperse protesters demanding release of their salaries withheld for many months in the region, officials said.

## Indonesian province votes for adulterers to be stoned

**LAW** Lawmakers in a devoutly Muslim Indonesian province voted unanimously yesterday that adulterers could be sentenced to death by stoning, just months after voters overwhelmingly chose to throw conservative Islamic parties out of power.

Only weeks before the new government, led by the moderate Aceh Party, is set to take over, the regional parliament still controlled by hard-liners pushed through steep punishments for adultery and homosexuality.

The chairman of the 69-

seat house asked if the bill could be passed into law and members answered in unison: "Yes, it can." Some members of the moderate Democrat Party voiced reservations, but none of them voted against the bill.

Human rights groups said the law violates international treaties signed by Indonesia. The province's deputy governor also opposed the legislation, saying it needed more careful consideration because it imposes a new form of capital punishment.

**THE ASSOCIATED PRESS**

## New bin Laden tape emerges

**TERROR** Osama bin Laden said in a new audiotape that President Barack Obama's strategy in Afghanistan is "hopeless" and called on Americans to resolve the conflict with al-Qaida by ending the war there and breaking the U.S. alliance with Israel.

In the message marking the anniversary of the 9-11 attacks, the al-Qaida leader avoided rhetoric of jihad and took a more analytical tone, claiming to explain to the U.S. public the root causes of the conflict — which he said were the Israeli-Palestinian conflict.

The message was only 11 minutes, far shorter than other videos al-Qaida has released to mark the anniversary.

**THE ASSOCIATED PRESS**

### News in brief

**COURT** An Ohio judge says an autistic teenager is not competent to stand trial in the fatal beating of his mother and should be institutionalized. The judge, John Enslow, said in the ruling yesterday that 18-year-old Sky Walker is guilty of murdering his mother, 60-year-old Trudy Steuernagel.

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# Russia, Venezuela in arms deal

Citing increased U.S. presence in region, South American country beefs up military

**Russia has opened a \$2.2-billion line of credit for Venezuela to purchase weapons including armoured vehicles and surface-to-air missiles, President Hugo Chavez said Sunday.**

Venezuela is buying more arms because it feels threatened by Colombia's decision to give U.S. troops greater access to its mili-

tary bases, Chavez said.

Repeating a frequent theme of his presidency, the socialist leader said the United States would like to invade Venezuela and seize the country's oil fields. He said the bases in Colombia could help the U.S. stage such an attack.

The arms deal was announced last week during Chavez's visit to Moscow,

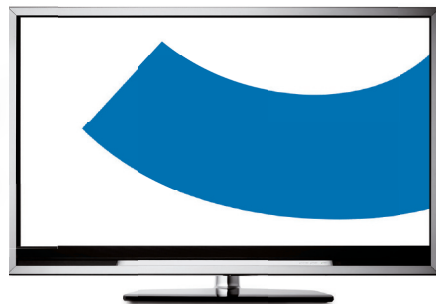
**"The Russian government approved financing for \$2.2 billion. For what? For weapons, and we must thank them."**

Hugo Chavez, Venezuelan president

and he gave details Sunday. Chavez said the deal calls for Venezuela to buy Russian-made tanks as well as anti-aircraft missile launching systems. "The

Russian government approved financing for \$2.2 billion. For what? For weapons, and we must thank them," Chavez said.

**THE ASSOCIATED PRESS**



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# Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

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## Comment

# Attacks threaten to go off the charts

## NationalReport



metronews.ca/nationalreport

The debate on health care in the United States, hijacked by lame-brained, right-wing radio talk jocks, is comparable to the debate on coalition government here. Level of intelligence? Subter-

anean.

In the U.S., Barack Obama's enlightened effort to bring health care to 45 million Americans without it is being distorted into a socialist takeover of Washington.

But perhaps we shouldn't chide them too much. Up here, we're running the risk in the coming election, should we listen to the Conservatives, of socialist and separatist hordes taking over Ottawa.

Yep. It's that bad. In every election campaign, it should be said, the bull-

shine metre rises. But in the coming one, look out. It threatens to go off the charts. The prime minister alleged the coalition takeover plot in a closed-door speech. His Conservatives, experts at dirtball, have dredged up an out-of-date quote from Michael Ignatieff saying he supports a coalition and are using it in an attack ad.

With their myriad distortions the Conservatives have turned the idea of a coalition into something worse than swine flu. Coalition governments have

been common in Europe. Canada had its own coalition government in the First World War and the country didn't fall apart.

We need to bear in mind also that since minority governments are frequent due to our multi-party makeup, coalitions may well be the way of the future in this country. The problem for the Conservatives — and the reason they detest coalitions — is because they have no natural partners to link up with.

No one should wish the Bloc Québécois to be a for-

mal part of any coalition. But the reality is that minority governments will often be reliant on their support for survival.

As was revealed in a letter to the Governor General released by the Bloc last year, Stephen Harper, as opposition leader, was prepared to co-operate with the Bloc and the NDP to create an alternative to Paul Martin's Liberal minority if the opportunity presented itself.

Last year, an agreement was reached wherein the Bloc agreed not bring down a Liberal/NDP coalition for

18 months. Despite his letter to the Governor General, the PM, in high dudgeon, portrayed the arm's-length arrangement as some sort of Armageddon. He scored so high in the court of public opinion with the gambit that no one dares use the c-word again.

It's wild. It's like the demonization of national health care in the U.S. It's Rush Limbaugh come north.

Lawrence Martin is a journalist and author of 10 books who writes about national affairs from Ottawa.

## Views

# Dreaming of a date with George Clooney

## ModernLife



metronews.ca/modernlife

Every year on a sunny September day, I doll myself up, in an understated way, head down to Yorkville and accidentally bump into George Clooney at the Second Cup.

Overwhelmed by my wit, depth and unusual looks (so different from the women he dates) George immediately falls for me. We laugh as we eat butter chicken at my favourite Indian restaurant

and, well, the rest is history — or rather fantasy. As the Toronto International Film Festival hits town every year I enjoy my "George" fantasy. (He loves that we share the same name.)

It's my secret life with George, which I've always thought was mine alone until I headed downtown last week and discovered the entire female population of Toronto harbours the same fantasy and lurks everywhere trying to fulfil it. For instance, when I walked into my optometrist's office, the receptionist inquired, "Have you seen George Clooney?" My head whipped around. "Why is he out there?"

"No, but I hear he got mobbed eating sushi last night."

Another patient arrived at the desk. "Oh, you mean George." As if she was on a first-name basis with him.

Women tell me they love everything about him, from his puppy dog eyes to the fact he doesn't take himself too seriously. I think there's also that feeling that nabbing George, the über single man, would be an achievement far surpassing being prime minister, winning the lottery or, for me, finding a product that would give my hair volume.

One woman tells me, "I love George because he dates everyone — it doesn't

matter what age."

"He's dating women our age now?"

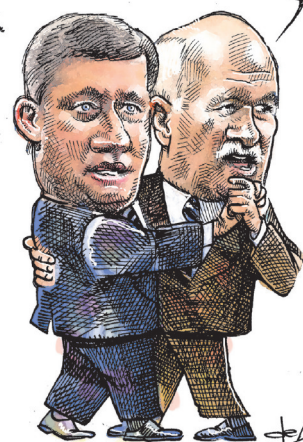
"No — but every other age."

Which brings me back to reality — that with the passage of time my daughter, 22, is now old enough or young enough to date George. This unfortunate (for me) scenario now has me as George's mother-in-law and serving him mashed potatoes.

Wait. My new fantasy is George reads this with his morning coffee and picks up the phone...

Georgie Binks is a Toronto freelance writer who writes about gender and relationships; georgiebinks@rogers.com

THE LIBERALS ARE FORMING A COALITION. HAVE THEY NO SHAME?



Michael de Adair

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**Woman whose union battle inspired film dead at 68**

The woman who inspired a fight to unionize a Southern textile plant and was later depicted in the 1979 film *Norma Rae* has died at age 68. The film recounted Crystal Lee Sutton's battle against low pay and poor conditions at J.P. Stevens in northeast North Carolina. **THE ASSOCIATED PRESS**

9

# Business

DOLLAR	GAS	OIL	TSX
 US 92.29¢ US 0.42¢	 US \$3.297 US 33.7¢	 US \$68.86 US 43¢	 11,332.04 78.81

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

## Avaya's \$900M bid takes auction for Nortel's Enterprise

**WIRELESS** In a deal worth close to \$1 billion US, Nortel Networks announced yesterday that American rival Avaya Inc. was the successful bidder for its Enterprise Solutions division in a sale that's expected to close in December.

Avaya has agreed to pay more than \$900 million US — nearly twice its initial bid — in return for one of the few remaining major assets of a company that had been once considered the flagship of Canada's technology industry.

In addition to Nortel's global enterprise — or corporate — business, Avaya will get shares in its Government Solutions and DiamondWare businesses.

The agreement is still subject to U.S. and Canadian court approvals, expected today. **THE CANADIAN PRESS**

## Syncrude enters not guilty plea in duck deaths

**ENVIRONMENT** Energy giant Syncrude has pleaded not guilty to charges stemming from the deaths of hundreds of ducks on an oil sands tailings pond in northern Alberta.

Syncrude entered the plea in an Edmonton-area court to charges under the Migratory Birds Convention Act and the Alberta Environmental Protection and Enhancement Act.

The company says it did all it could to prevent the deaths of 1,600 birds in April of 2008 and that it's not legally responsible for them. **THE CANADIAN PRESS**

# Household net worth up: StatsCan

**Statistics Canada says Canadians grew wealthier in the second quarter, mostly because their stock market investments began recovering from the deep sell-off during the recession.**

The agency says household net worth grew by \$141 billion to \$5.6 trillion for the third consecutive quarter during the April-June months, a time when

the Toronto Stock Exchange index advanced by 20 per cent.

But the agency notes that Canadians also started taking on more debt during the period. The forays into borrowing were "led by substantial mortgage borrowing related to increased activity in the resale housing markets and an upswing in consumer credit," said the re-

## \$5.6T

Canadian household net worth grew \$141 billion to \$5.6 trillion during the second quarter, a Statistics Canada report says.

port, released yesterday.

Still, the increase in wealth more than made

up for new loans as the ratio of debt to worth edged down to 24.8 cents per dollar of worth from 24.9 cents in the first quarter.

The agency says the net worth of corporations fell by \$208 billion in the second quarter.

In the public sector, government levels of debt rose in the second quarter to 39.8 per cent of the economy from 38.3 per

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cent in the previous three months and from 36 per cent last year.

**THE CANADIAN PRESS**

## Spain Resto fights swine flu in style



A woman dines at the Silk&Soya restaurant near Madrid, Spain. The eatery claims to be the world's first restaurant with a specific plan to protect against the influenza A (H1N1) virus, also known as swine flu. Menus are washed daily, cooks wear surgical masks and tables are set farther apart.

## BoC's inflation fixation a risk to economy: Analysts

**REPORT** The Bank of Canada is coming under criticism for having too narrow a view of the economy.

In a new paper, economists Arthur Donner and Doug Peters say the central bank's adherence to fighting inflation at the exclusion of other aspects of the economy poses a risk to the recovery.

"In our view, the Bank of Canada needs to broaden its formal economic policy objectives," they write in a paper for the Canadian Centre for Policy Alternatives. "The central bank must have a broader view of the economy and include employment and economic growth along with inflation as near-term objectives."

The paper comes as ana-

### Plenty of slack

• A new Statistics Canada report showing the rate of industrial capacity utilization kept shrinking in the second quarter to just above 67 per cent — the lowest since data collection began in 1987 — gives fresh evidence there is still plenty of slack in the economy.

lysts and policy makers look for ways to avoid the pitfalls that led to the recession.

Bank of Canada governor Mark Carney has mused recently that the institution's mandate may need to be broadened beyond fighting inflation to avert future crises. **THE CANADIAN PRESS**

## Business in brief

**EXECUTIVE PAY** Salaries for mining company CEOs rose by nine per cent in 2009, despite an industry slowdown, but cash bonuses fell by 18 per cent, a new report shows. The

average annual base pay for Canadian CEOs rose to \$484,000 compared to \$443,000 in 2008, said the survey released yesterday by Coopers Consulting Ltd. and

PricewaterhouseCoopers LLP. **THE CANADIAN PRESS**

**AUTO** As many as 10,500 Opel jobs in Europe could be cut, nearly half of them in Germany, the co-chief execu-

tive of Magna International Inc. said yesterday, plans that are drawing criticism in countries where the automaker has operations. Siegfried Wolf said part of his company's plan for

General Motors Co.'s European unit envisions about 4,500 possible cuts. Opel employs some 49,000 workers in Spain, Britain, Poland and Germany.

**THE ASSOCIATED PRESS**

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# Student Cents

SPECIAL FEATURES EDITOR: STEPHANIE.BOMBA@METRONEWS.CA



## Be frugal

Select small splurges. Instead of buying the latest designer handbag, consider a purse-shaped Post-it note dispenser for under \$15.

NEWS CANADA

## Avoid the debt trap

ERIC EMIN WOOD  
for Metro Canada

### Postsecondary education is hard enough without creditors getting involved.

So how can students — who in many cases are dealing with tuition

fees, government loans, living expenses and one or more part-time jobs, in addition to classes — avoid the debt trap that has snared so many of their peers?

Whether avoiding debt or climbing out of it, the strategies are the same, says Julie Jaggernath, director of education at the Credit Counselling Society of Canada. "Cut expenses, find a job, and pay things off," she says.

**"Sometimes it's better to pay to get out of a contract, because at the end of the day, it's going to cost you more if you carry it for the next two or three years."**

Elena Jara, of Credit Canada

Many students spend their money on small "discretionary expenses" such as food, she says, not realizing how it adds up.

Jaggernath advises making a budget. "Lay out your financial plan just as you would your schedule," she says. "How much money do you have until the end of the term? Divide that by month, divide that by week, then keep it in a holding account and pay yourself like a business."

Elena Jara, credit education co-ordinator with Credit Canada, advises students to avoid long-term

contracts, including cell-phone plans and car leases, because they never know where they'll be in a year.

"Before you sign any contract, read it, and if you don't understand it, do not sign," she says.

If you are roped in, she says, "sometimes it's better to pay to get out of a contract, because at the end of the day, it's going to cost you more if you carry it for the next two or three years."

Not surprisingly, Jaggernath and Jara both recommend credit counselling to those already in debt — though most schools have



You should set aside some money for fun, such as going out for a coffee with friends once a week, credit experts advise.

academic advisers and a financial aid department, Jaggernath says, and she encourages students to "use and abuse" them.

"Those folks on campus are an amazing resource," she says, "and they would rather help ahead of time than have to find a crisis loan at the last minute."

Jaggernath admits that some money should be set aside for fun. "A coffee a

week had better not kill you," she says.

That said, students "need to take a look at their lifestyle and say, 'You know what? I'm working for my long-term good, not my immediate gratification.'"

Visit [creditcounsellingcanada.ca/member\\_agencies](http://creditcounsellingcanada.ca/member_agencies) to find a non-profit credit counselling agency near you.

## Knowing your credit history key when applying for financing

There are a number of steps involved in acquiring financing. As a routine part of the application process, the lender will order a copy of your credit score.

Your personal credit score is compiled by credit bureaus who collect information from various sources, including banks, retailers and other public records, creating a credit report. Information such

as: What credit and debit cards you have, the types of accounts you have at various financial institutions, information about personal loans (such as student loans), are all part of the report.

Generally, credit reports show information going back six to seven years.

The credit bureau does not rate you — it merely provides information on

### How to improve your score

Here are a few tips to improve your credit score:

- Apply and open new credit accounts only as necessary.
- Pay off debt rather than moving it around.

- Get copies of your credit report and review to make sure they are accurate.
- Understand how your credit score is determined.

NEWS CANADA

your credit history. The lender will examine the credit report to aid in determining whether to

lend you money. If the lender has any concerns about something on the report, the lender may

ask you for an explanation.

The lender will also use the report to verify other information on your financing application, for example, information about your employment status, your address (including the name of your landlord and perhaps rental payment history), and so on. The credit report will also indicate inquiries made by other

creditors over the period of the report.

By getting a copy of your credit report before you apply for financing, you may be able to avoid surprises and possible delays that may occur in having to answer questions about your credit report. Because the report contains information about you, you have a right to inspect a copy of it.

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

business 11

Your Money

MoneyMatters

Henry Choo Chong

metronews.ca/moneymatters

**Q** I would like to get some renovations done on my home: Re-shingling roof, new flooring, washer and dryer, new fence, snow removal, pool maintenance, window coverings, and painting. I don't want to spend several thousand dollars and discover it does not qualify for the tax credit. Please comment.

— Eddie

**A** Housing industry service providers promote the Home Renovation Tax Credit (HRTC), but homeowners should check if the job qualifies for the tax credit. **Who and what:** A home that is used by your family as a principal residence would be eligible for the HRTC. This may include the home in the city or cottage and land it sits on.

**When:** Expenditures incurred between Jan. 29, 2009 and Feb. 1, 2010

**How much:** Expenditures must be between \$1,000 and \$10,000. This translates to a maximum non-refundable tax credit of \$1,350. The credit reduces tax payable and will not result in a tax refund. Claim on 2009 tax filing.

**Which:** Expenses incurred would qualify, provided the work done is of an enduring nature that becomes a permanent part of the home.

Your eligible expenses: Re-shingling, new flooring, fence, window covering and painting

Not eligible: Washer and dryer, snow removal and pool maintenance.

Henry Choo Chong, CGA, can be reached at choohonghcg@yaho.ca.

Investing

Allan Small

Allan Small discusses why it's good to look at the infrastructure sector now. Visit metronews.ca/investing.

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# Financial call for help

Alison On Money

Alison Griffiths

metronews.ca/alisononmoney

The first call for financial help came three weeks into our daughter's first semester at university. She'd lost her meal card on a Friday night and the office was closed until Monday. No card equalled no food.

Few parents of first-year students will get to the holidays without a supplicating call, text or email. Week-end gatherings, lonely hours racking up the cellphone minutes and all the grab 'n goes enroute to classes put a dent in the student budget.

The semester has started but it isn't too late to put a plan in place to keep students on track financially. You don't want to be over involved or, god forbid, interfering and you do want your children to learn from their mistakes. But, especially for students without a track record handling money, the surest route to independence is by placing a gentle financial hand on their shoulders.

Financial independence devel-

oped now will pay off with a better ability to handle the inevitable education debt upon graduation.

As many as 70 per cent of students starting first year in 2009 will have student loan debt upon graduation and those pursuing four-year programs will average \$25,000 or more — and that doesn't include student lines of credit or money borrowed by parents. So it only makes sense to start students off with some financial dollars and sense.

## Alison's Money Rule:

- Ease college and university students into independence by placing a gentle financial hand on their shoulders.

If you haven't done so already, make sure there are two bank accounts in place with lump sums being deposited in the savings account and an automatic twice monthly transfer in- to the chequing for living expenses.

I recommend the accounts be joint with a parent with both having on-line access. Aside from just keeping an eye on things for the first year, a joint account makes deposits and transfers much easier.

Students should pay their own cellphone bills, even if the money is coming from mom and dad. There's nothing like seeing and paying for the cost of going over minutes to rein in the chat.

There will be calls for financial help and a bailout now and then is okay. Just be prepared to draw the line if the outstretched hand becomes a permanent fixture.

Alison Griffiths is a financial journalist, author and host of Maxed Out on the W Network. Write to her at [alison@alisongriffiths.ca](mailto:alison@alisongriffiths.ca).

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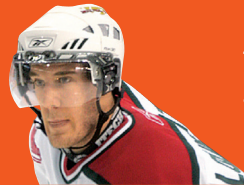
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# Sports



## Bearcats boost Herd connection

The Maritime Junior A Hockey League's Truro Bearcats have named former Halifax Mooseheads defenceman Ben MacAskill captain. They have also added fellow Mooseheads graduate Eric Louis-Seize, left, to their roster.

METRO HALIFAX

EDITOR: CHRIS.CLEMENTS@METRONEWS.CA

## Brine looks to earn his spot

MATTHEW WUEST  
matthew.wuest@metronews.ca

**NHL** David Brine has already had a taste of the NHL. Now the Florida Panthers want to see if he's ready for more.

The former Halifax Mooseheads star made his big-league debut two seasons ago and is hoping to earn one of the final forward spots with the



Panthers this season. Brine was re-signed to a one-year, two-way, \$522,500 contract in the summer and has put in three sol-

id seasons of development in the American Hockey League.

"David's gotten better every year," said Panthers assistant general manager Randy Sexton. "He works very hard in the off-season. He's a very focused and dedicated pro."

Brine, who played nine games with the Panthers in 2007-08, had 31 points in 79 games with the Rochester Americans last season and is known for his defensive game.

The 24-year-old Bible Hill native is expected to suit up for the Panthers in an NHL pre-season game against the Ottawa Senators tonight at 7 at the Metro Centre.

"It's really up to him to make a statement in the games he gets into," Sexton said.

"We wouldn't have resigned him if we didn't think he was valuable and had a chance."

### Sports in brief

**BASEBALL** Dartmouth Moosehead Dry will look to take a 3-0 stranglehold on the Halifax Pelham Molson Canadians in the Nova Scotia Senior Baseball League tonight. Dartmouth has a 2-0 lead in the best-of-seven series and hosts the defending champion Canadians at Beazley Field at 7:30 p.m.

METRO HALIFAX

# A long road back to Halifax

After playing for Flyers and Lightning, Picard returns to Metro Centre as a Senator

MATTHEW WUEST  
matthew.wuest@metronews.ca

**Alexandre Picard's NHL career is still young, but he has already learned never to stray too far from his suitcase.**

Since playing his final game with the Halifax Mooseheads in 2005, the 24-year-old has already been traded twice and skated as a regular on three different NHL blue-lines.

He originally broke into the league with the Philadelphia Flyers in 2006-07. Buried on the Flyers' depth chart in 2007-08, he was traded to the Tampa Bay Lightning; then went to the Ottawa Senators at the start of last season.

He returns to the Metro Centre tonight with the Senators for a pre-season tilt with the Florida Panthers at 7.

"It's always tough when you get traded, but you have to be realistic these days with the (salary) cap," Picard said.

"I think you'll see more and more players getting dealt and you won't see one player stay with one team for 20 years."

Picard said the trades ac-



Former Moosehead Alexandre Picard returns to Halifax tonight with the Ottawa Senators.

tually weren't a bad thing because they allowed him to "show what I could do."

The six-foot-two, 220-pound native of Gatineau, Que., is coming off an injury-shortened campaign in which he notched six goals and eight assists for 14 points in 47 games. He partially tore his medial

collateral ligament in February and missed the rest of the season, making tonight his first game in seven months.

"It was the first time I'd been out for so long ... That took a toll on me," Picard said. "It's been a while since I played so hopefully I can get back into the

thick of things quickly."

Picard, who hasn't suited up at the Metro Centre since his final game with the Herd in 2005, is excited to return to his old stomping grounds, even though he won't be skating through the old inflatable Moosehead this time around.

## Leclaire in net?

• Former Halifax Mooseheads goalie Pascal Leclaire could make his debut with the Ottawa Senators tonight. Leclaire, who was with the Mooseheads from 1998 to 2001, hasn't played since Dec. 18 because of ankle surgery. He was traded to Ottawa from the Columbus Blue Jackets after rookie Steve Mason took his starting job during his recovery. The 26-year-old is on the tentative roster for tonight's NHL pre-season tilt at 7 at the Metro Centre.

"It's obviously going to be under a different context and I'm going to be focused as hell," Picard said. "But it's going to be cool. It's a place I love to play and I (will) love to get back there. It will be really nice to do it with a Sens jersey on."

m.metronews.ca



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## Del Potro upsets Federer in U.S. Open final

**TENNIS** Normally so cool, so consistent, so in control of his emotions and his matches, Roger Federer let the U.S. Open championship slip from his grasp.

Two points from victory against inexperienced, unheralded Juan Martin del Potro of Argentina, two points from a sixth consecutive title at Flushing Meadows and a record-extending 16th Grand Slam overall, Federer, quite simply, fell apart yesterday.

He railed at the chair umpire. His legs grew weary. His double-faults mounted. He could not figure out a way to stop the six-foot-six del Potro from pounding forehead after forehead past him. In a result as surprising for who lost as how it happened, the

sixth-seeded del Potro came back to win his first Grand Slam title by upsetting the No. 1-seeded Federer 3-6, 7-6 (5), 4-6, 7-6 (4), 6-2. "Can't have them all," Federer said.

He had won 40 consecutive matches at Flushing Meadows. He had won 33 of his previous 34 Grand Slam

matches. And he has made the final at 17 of the past 18 Grand Slam tournaments, 21 overall.

Del Potro? This was the 20-year-old's first Grand Slam final, and he was 0-6 against Federer until now. But after handing Rafael Nadal the most lopsided loss of his Grand Slam career in the semifinals Sunday, del Potro came back the next day and rattled Federer.

The four-hour, six-minute match was the first U.S. Open final to go five sets since 1999, and there were no early signs to indicate it would be this competitive — much less end with del Potro down on his back, chest heaving, tears welling, a Grand Slam trophy soon to be in his arms. **THE ASSOCIATED PRESS**



Juan Martin del Potro

### Sports in brief

**NFL** Tom Brady threw two touchdown passes in a 1:16 span late in the fourth quarter, rallying the New England Patriots past the Buffalo Bills 25-24 in the star quarterback's regular-season return after missing most of last season with a knee injury. Brady finished 39-of-53 for 378 yards.

**CANADIAN GP** The stage is set for Formula One's return to Montreal next year. Grand Prix F1 du Canada Inc., and F1's governing body yesterday reached a settlement in their financial dispute. An announcement that Montreal is back on the F1 schedule is reportedly "forthcoming."

**BASEBALL** Marco Scutaro's second error of the game allowed Brandon Inge to score from second base in the bottom of the 10th inning, and the Detroit Tigers rallied to beat the Toronto Blue Jays 6-5 last night. Adam Lind and Edwin Encarnacion homered for Toronto. **METRO NEWS SERVICES**

## Grant to fight at UFC 107: Report

**MMA** Cole Harbour's T.J. Grant will return to the cage as part of UFC 107, according to a report on MMAnews.com.

Grant, who has a 14-3 record, split his first two fights on the UFC circuit, defeating Ryo Chonan at UFC 97 in April but losing to Dong Hyun Kim at UFC 100 in July.

The report said Grant will face Kevin Burns, who is 7-3 overall and has a 2-2 record on the UFC circuit.

UFC 107 has not been officially announced but is tentatively scheduled for Dec. 12 in Memphis, Tenn.

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# Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

## Red carpet ready

Tips for the ordinary girl to get a TIFF-worthy appearance

SOFI PAPAMARKO  
For Metro Canada



Atlantic Film Festival  
**AFF**

### Celebrities always look gorgeous for a reason.

Yes, many are blessed with high cheekbones and willowy limbs, but if everyone had personal trainers, make-up artists and hair-stylists following us around, we'd all be mega babes.

And with the Atlantic Film Festival starting this week, Halifax is swimming in glamour. We asked beauty experts John Donato (2008 Editorial Stylist winner in the North American Hairstyling Awards) and his artistic director, make-up artist Anna Barseghian, to give us the lowdown on how we ordinary folk can look like we've just wandered off the red carpet.

### Those eyes!

For dramatic movie siren eyes, eyeliner is a must. Liquid liner in brown or black is always classic (try Lise Watier's new Metal Ink liquid liner for a long-wearing charcoal colour with a hint of light-reflecting sparkle). For those who want to stand out even more, Anne Barseghian recommends Metallic Jade eyeliner from the John Donato Cosmetics range. "It's

a cream, so you can basically take it and dab it on top of the eyelid. Or you can create a nice solid line for a chic look."

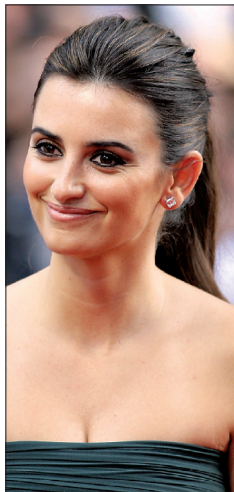
Barseghian suggests using a mineral powder all over the lid prior to eyeliner application. This base emphasizes the liner colour and helps to keep it in place. False eyelashes remain a red carpet essential — apply them carefully and as closely to the lash line as possible. A coat of mascara helps to combine your natural lashes with the impostors.

### Those lips!

Red carpet lips are all about making an impact. "What I like to do is use a foundation stick," says Barseghian. After that, she uses Donato's long-lasting lip liner in Scarlett and seals it with Cranberry lipstick. "That will last you the whole night." But ease up on the gloss there, sailor; retro matte lipsticks are big this fall.

### That hair!

If you don't have the time or money to head to a salon, you can still glam up your



Get Penelope Cruz's (left) lush locks with clip-on hair extensions or Drew Barrymore's red pout with a retro matte lipstick (big for fall).



### Get the look

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lancome.ca

Limited edition Metal Ink Liquid Eyeliner (\$19).  
lisewatier.com

METRO NEWS SERVICE

## We all need more hugs

### The J Spot

Josey Vogels

metronews.ca/thejspot

There is a frightening trend spreading amongst today's teenagers. No, I'm not talking about texting each other naked pictures, surfing porn online or even having sex before they learn to drive.

The alarming teenage behaviour that has caused such concern in some U.S. schools that it has been banned is — wait for it — rampant hugging.

Yes, you read that correctly.

Seems hugging is all the rage among teenagers these days. According to a recent Toronto Star article on the "phenomenon," they hug each other to express everything from "hello," "good-bye," or even "hey, it's recess!"

Girls hug each other sideways, putting their arms around each other shoulder's and press themselves cheek-to-cheek in utter glee. The surprise hug comes from behind and usually is followed by squeals of laughter and joy. Guys even hug their guy friends, a behaviour that, in my day, would have resulted in ridicule at best and, at worst, something I can't repeat in a family paper.

While no Canadian schools have yet gone so far

as to ban hugging, the article quotes Kate Dickson, an English teacher at the Toronto School of Liberal Arts who says she requests at least "a ribbon of daylight" between hugging students.

Another school in Edmonton is discouraging its students from hugging, supposedly to stop the spread of H1N1 flu. Right.

Am I the only one who thinks this is absurd? Not only are hugs awesome, they are actually good for you.

Hugging is powerful. Hugging releases oxytocin, the brain's bonding chemical. Studies going back as far as the 1930s have shown that people who did not receive adequate cuddling and touch as newborns later suffered both mentally and physically, even if all other basic needs were met.

Others have shown that old folks who don't get hugs may become senile faster and die sooner.

Maybe instead of banning hugging among teens, we should encourage it more among adults. Hugging your partner several times a day would help keep you connected and your relationship stronger, especially when life gets in the way and we literally and figuratively lose touch with each other.

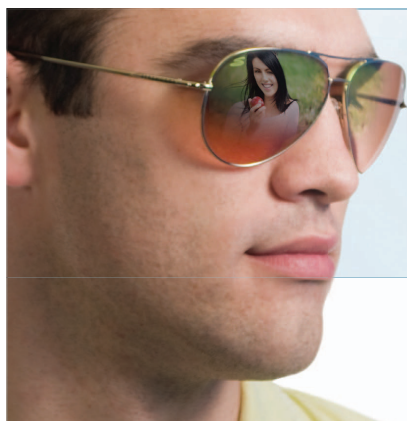
I say do yourself a favour and hug someone today, will ya?

Visit Josey's  
Sexcetera blog  
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Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

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One of the "seven species" of foods native to biblical Israel, the pomegranate was a key element of Rosh Hashanah — the Jewish new year, starting Friday this year — centuries before promotion of suspected health benefits splashed the juice into all manner of smoothies, cocktails and other drinks. **THE ASSOCIATED PRESS**

# Food

As of June, there were more than 1,800 food and drink products that contained pomegranate seeds or juice, says Tom Vierhile a director at market research firm DataMonitor.

THE ASSOCIATED PRESS



## Compare

Now look at that number in contrast to four years ago: In 2005, there were just 258 products that contained the fruit's seeds or juice.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

# Mediterranean morsels

## Greek Pasta Bake

SERVES 4

### INGREDIENTS:

- 1/2 lb (250 g) ground beef
- 1/2 lb (250 g) ground lamb
- 1 large onion, chopped
- 4 garlic cloves, minced
- 3 tsp (15 ml) dried oregano
- 1 tsp (5 ml) dried basil
- 1/2 tsp (2 ml) salt
- 1/4 tsp (1 ml) pepper
- 1/4 tsp (1 ml) dried thyme
- 1 can (14 oz / 398 ml) tomato sauce
- 1 can (14 oz / 398 ml) diced tomatoes, undrained
- 1 tbsp (15 ml) lemon juice
- 1 tsp (5 ml) sugar
- 1/4 tsp (1 ml) ground cinnamon
- 2 cups (500 ml) uncooked rigatoni or large tube pasta
- 4 oz (113 g) feta cheese, crumbled

### METHOD:

In large skillet, cook beef and lamb over medium heat until no longer pink; drain. Stir in onion, garlic, oregano, basil, salt, pepper and thyme; mix well. Add tomato sauce, tomatoes and lemon juice. Bring to boil. Reduce heat; simmer, uncovered, 20 minutes, stirring occasionally. Stir in sugar and



Greek Pasta Bake

cinnamon. Simmer, uncovered, 15 minutes longer. Meanwhile, cook pasta according to package directions; drain. Stir into meat mixture. Transfer to greased 2-qt. (2 l) baking dish. Sprinkle with cheese. Cover and bake at 325 F (160 C) 45 minutes. Uncover; bake 15 minutes longer or until heated through.

## Mediterranean Chicken with Olives

SERVES 4

### INGREDIENTS:

- 2 tbsp (25 ml) olive oil
- 2 onions, roughly chopped

- 2 garlic cloves, crushed
- 1 tbsp (15 ml) chopped fresh rosemary
- 1/4 oz (40 g) chorizo sausage, skinned and diced
- 2 large red peppers, de-seeded and roughly chopped
- 1/3 cup (75 ml) sun-dried tomatoes, roughly chopped
- 14 oz (398 ml) can chopped tomatoes
- 1/4 cup (50 ml) dry white wine
- 4 skinless chicken breast fillets or large thighs
- 1/3 cup (75 ml) pitted olives (black, green or both)



Mediterranean Chicken with Olives

### METHOD:

Heat oil in large, heavy flameproof casserole dish or deep frying pan. Add onions, garlic and rosemary and cook gently, stirring frequently, 15 minutes until soft and golden.

Add chorizo and peppers and cook over medium heat, stirring frequently, for a couple of minutes or until sausage turns slightly golden.

Add sun-dried tomatoes, canned tomatoes with their juice and wine. Season with freshly ground black pepper, then stir well and bring to simmer.

Add chicken and stir to coat with sauce. Bring to boil, then reduce heat so sauce simmers. Cover and cook 25-30 minutes until chicken is tender and

sauce is thick.

Just before serving, stir in pitted olives and cook just long enough to heat through.

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



m.metronews.ca



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## Rainbow muffins filled with fruit

These colourful and nutrient-dense muffins impress even the pickiest eater.

With very little added sugar, you can feel good about the natural sweetness coming from fresh produce. Be super organized and make a double batch each week to get you

through school lunches, snacks and after-school activities.

## Rainbow Muffins

MAKES 12 MUFFINS OR 24 MINI MUFFINS

### INGREDIENTS:

- 375 ml (1 1/2 cups)

whole-wheat flour

- 250 ml (1 cup) oat bran
- 5 ml (1 tsp) each baking soda, baking powder and cinnamon
- 75 ml (1/3 cup) packed brown sugar
- 375 ml (1 1/2 cups) fresh blueberries
- 250 ml (1 cup) shredded zucchini or carrots
- 1 apple, cored and shredded (about 250 ml/1 cup)
- 1 egg, lightly beaten
- 250 ml (1 cup) milk
- 50 ml (1/4 cup) vegetable oil

### METHOD:

In a large bowl, combine flour, oat bran, baking soda, baking powder, cinnamon and sugar; mix well.

Great for kids, healthy for adults



Rainbow muffins

Add blueberries, zucchini, apple, egg, milk and oil; stir until just combined. Divide evenly among greased or paper-lined

muffin cups. Bake in a 200 C (400 F) oven 15 to 18 minutes or until tops are just firm to the touch.

THE CANADIAN PRESS

## Liquid Assets

Peter Rockwell

metronews.ca/liquidassets

## The Fab Two

probably should have been out raking leaves or something, but I spent this past weekend with four old friends: John, Paul, George and Ringo. Yes folks, I was one of the foolish who bought The Beatles' new boxed CD set — in mono no less.

As a big fan I just couldn't resist giving the Fab Two (and the family members of the other guys) more of my hard earned money. And while I may not be a professional music critic, the new discs sound pretty darn amazing.

To enhance the experience of rediscovering each album, I needed a wine that begged to be sipped and savoured. Masi's 2006 Campofiorin (\$17.45 - \$19.99) was a perfect match for a few reasons.

While the red Italian from Veneto shows off lots of fruit (think plum and raisin) that tastes terrific without food; it's sort of a remastered version of Masi's Bonacosta Valpolicella Classico (\$15.45 - \$16.99). A wine that's 2007 vintage is as light and cherry-filled as ever.

As a ripasso wine Campofiorin's flavour profile comes from its juice being passed over the guck left in the vats after the Valpolicella's fermentation. It comes out richer and rounder — just like my new CDs.

Prices reflect the range across the country. Some products may not be available in all provinces.



Peter Rockwell is the everyman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

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**Partridge gets restraining order**

The Hills star Audrina Patridge has been granted a restraining order against a fan who showed up on her doorstep with bizarre and macabre drawings, poems and letters. [FEMALEFIRST.CO.UK](http://FEMALEFIRST.CO.UK)

# Entertainment

EDITOR: DEAN.LISK@METRONWS.CA



## Indy is back

Dust off the fedora and clear out the snakes — Indiana Jones is ready to ride again. Harrison Ford, 67, says he's ready for the globetrotting archaeologist's next adventure. [PEOPLE.COM](http://PEOPLE.COM)

# Josh Emerson bites the dust

Megan Fox devours actor in Jennifer's Body

CHRIS ALEXANDER  
for Metro Canada

With his boyish good looks and stocky physique, it's a no brainer that Alberta-born actor Josh Emerson would be a hit with the ladies and in his latest film, he lives out the fantasy of every teenage boy in America: **Locking lips with cutie de jour, Megan Fox.**

Unfortunately for his character however, said kiss is simply foreplay to having his intestines gorily devoured by Fox's comely but cannibalistic demon cheerleader.

Emerson is indeed one of the stars of the heavily

hyped horror comedy Jennifer's Body, the latest peek into teen agony from Oscar winning screenwriter Diablo Cody (Juno) and starring Fox as the titular, occasionally toothy, babe. Jennifer's Body is one of two high profile genre films to feature the up-and-coming performer this year; the other is the Adam Sandler produced The Shortcut and, although his star has been slowly rising for years, it seems Emerson's fortunes have changed radically.

"Someone told me once that every overnight success takes ten years," says

the young actor.

"Things are definitely happening for me but it's been a long process to get to wear I am now. After graduating, I just went from audition to audition, getting better and better projects. So it's been a long haul." Emerson has the distinction of being the first classmate devoured by the newly evil Jennifer, in a gory, absurd outdoor sequence that makes a visceral impact. And certainly, getting that close to Fox, was equally impactful for the actor.

"Oh man, she's Megan

**Jennifer's Body is in theatres this Friday**



Best friends Jennifer (Megan Fox, left) and Needy (Amanda Seyfried) enjoy an evening together at a local bar — unaware that it will forever change their lives.

Fox, what can I say?" he says, almost shyly.

"She's gorgeous, yeah, but she was also totally professional and, I think that when people see her in this, they'll be amazed at just how good of an actress she

really is."

After the buzz for Jennifer's Body dies down, Emerson will go back to his beat of auditioning and trying to take his craft to the next level. Chiefly, he's launching an unofficial

campaign to nab the role of the villainous Venom in the next Spider-Man film.

"I have been obsessed with that character for years. As far as I'm concerned I have to be Venom, it's fate."

**101.3 THE BOUNCE**  
Interactive  
**NINE@9**

For September 14<sup>th</sup>

- Boys Like Girls - Love Drunk
- Belly Ft Snoop Dogg - Hot Girl
- Cobra Starship - Good Girls Go Bad
- Jay-Z Ft Kanye West & Rihanna - Run This Town
- Jay Sean Ft Lil Wayne - Down
- Lola - High Heels
- David Guetta Ft Akon - Sexy Chick
- Jason Derulo - Whatcha Say
- Justin Bieber - One Time

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You could guest host the Interactive NINE@9 with Tony Stark.

[stark@1013thebounce.com](mailto:stark@1013thebounce.com)

**1013 THE BOUNCE.com**

HA	H	D	B	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
9/15/09	31	31	31	ABC News Center 5	ABC World News	Inside Edition	Chronicle	Shark Tank		Shaq Vs. (N)		Primetime
	7	7	7	ASN The Road to Avonlea		Degrassi: TNG	TMZ (N)	Monk		Meet the Fockers ** (2004, Comedy)		
	11	11	11	CBC Wheel-Fortune	Jeopardy! (N)	Super Spellers (N)		Being Erica (DVS)		CBC News: The National		The Hour
	2	2	2	CBC-F Pyramide (SC)	La force	Virginie (SC)	La Factice	Providence (HDTV) (N) (SC)		Aveux (HDTV) (N) (SC)		Le Téléjournal
	32	32	32	CBS WBZ News (N)	Evening News	The Insider (N)	Entertainment	NCIS 'Aiyah' (HDTV)		(10:01) Big Brother 11		
	69	69	69	CFTM TVA nouvelles	Le Cercle (SC)	Qui perd gagne (SC)		Caméra café	NCIS 'Aiyah' (HDTV)	La Promesse (SC)		TVA nouvelles
	6	6	6	CHIF Entertainment	ET Canada	To Be Announced		NCIS 'Aiyah' (HDTV)		(10:01) Big Brother 11		
	9	9	9	CJCH etalk	Hollywood	So You Think You Can Dance Canada		Big Bang Th		Law & Order: SVU		CTV News
	10	10	10	ELTV	(6) EastLink Magazine			Podium TV		Community Matters		
	36	36	36	FOX Seinfeld	The Simpsons	Two/Half Men	Two/Half Men	More to Love Luke proposes to one woman. (N)				Fox First
	12	12	12	NBC News (N)	NBC News	Hollywood Extra (N)		The Biggest Loser (Season Premiere) (N)		Jay Leno Show		Face of Fear
	29	29	29	NW World News	Business	CBC News	Mansbridge	CBC News: Tonight		CBC News: The National		
	4	4	4	PBS-B NewsHour With Jim Lehrer	Business	Greater Boston	La Plaza-Maria	Nova (HDTV) (DVS)		Retirement Revolution (HDTV) (N)		
	35	35	35	PBS-D NewsHour With Jim Lehrer	Business Rpt.	Worldfocus		Nova (HDTV) (DVS)		Retirement Revolution (HDTV) (N)		
	68	68	68	TOS Guerre clans	Wipe Out	Bienvenue	Rire et délire	La Verité choc		Pratique privée (SC)		Wipe Out
	23	23	23	BNN Business News	Headline	Market Call Tonight		After Hours	Market Call	Squeeze Play		Business News
	18	18	18	CNN Situation Room-Wolf Blitzer	Lou Dobbs Tonight			Campbell Brown (N)		Larry King Live (N)		Cooper 360
	54	54	54	GOLF Golf Central	Top 10	Lessons	Lessons	The Approach	Top 10	Top 10		Top 10
	52	52	52	RSE Connected W-Prime Time		MMA Conn	UEFA Champions	League Soccer Besiktas vs. Manchester United. (HDTV)				Sportsnet Con.
	55	55	55	SCOR Morency		Cabby Unlimit	Score Today	FullTiltPoker.net Million		X-Fighters		24/7
	45	45	45	SPD Unique Whips		Pimp My Ride	Pass Time	Monster Jam (HDTV)		Super Bikes!	Super Bikes!	Jacked!
	53	53	53	TSN Off the Record	SportsCentre	MLB Baseball Toronto Blue Jays at New York Yankees. (HDTV) (Live)						SportsCentre
	43	43	43	FAM Zoey 101	Life Derek	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School
	44	44	44	TOON Jimmy Two	Johnny Test	Scouty-Doo	Total Drama	6TEEN	Futura	King of the Hill	American Dad	Babar
	26	26	26	TREE The Wonder	3rd and Bird	Backyardigans	Night Grdn	Waybuloo	Franklin	Little Bear	Maggie-Beast	Babar
	27	27	27	YTV iCarly	iCarly	Drake & Josh	Prank Patrol	Malcolm-Mid.	Hates Chris	8 Simple Rules	What I Like	Family Biz
	16	16	16	A&E CSI: Miami 'Bunk'		Criminal Minds (HDTV)		The First 48 (HDTV)		The First 48 (HDTV) (N)		The Cleaner
	70	70	70	APTN APTN National News (N)		Fish Out of	Mixed Blessing	Cashing In	Rabbit Fall	First Nation	Moose TV	Caution: Nuts
	50	50	50	BET 106 & Park: BET's Top 10 Live				The Salon ** (2005, Comedy) Vivica A. Fox.				Frankie-Neffe
	37	37	37	BRVO Wind at My Back		The Musical Brain		Live at the Rehearsal Hall		Suzie LeBlanc Musical Quest		Garrett Mason
	25	25	25	CMT CMT Star Crossed		Funnies Home Videos		Reba		According-Jim		Home Improve.
	49	49	49	COM Just for Laughs		World's Wildest Police Videos		Comer Gas	Name Is Earl	The Simpsons	South Park	House Party
	153	153	153	COURT Killer Next Door		Daily Planet (N)		Cops Uncut	Dumb Criminal	Moment of Impact 3		Police Videos
	38	38	38	DISC Destroyed	Destroyed	House Hunters	Property Virgin	How It's Made	How It's Made	Destroyed	Destroyed	After the Catch
	34	34	34	HGTV Holmes on Homes		Ancient Discoveries		Star Cottage	Genevieve	House Hunters		House Hunters
	46	46	46	HIST Ultimate Engineering		One Tree Hill		Cities of the Underworld		Starmaker		Engineering
	17	17	17	MM Starmaker		The Daily Fix		My Date With...	Video on Trial	Wild 'n Out	Wild 'n Out	H.S. Reunion
	19	19	19	MMM mmtop10.ca		(8:15) I Am Legend *** (2007, Science Fiction)		Ranked!		Quarantine ** (2008, Horror)		
	201	201	201	M1 Mantracker		Ghost Hunters		Bounty Hunter	Bounty Hunter	Survivorman		Ghost Hunters
	48	48	48	QLN Seinfeld	Friends	MLB Baseball New York Mets at Atlanta Braves. (HDTV) From Turner Field in Atlanta. (Live)						Seinfeld
	206	206	206	PIX (6:45) Diary of a Hitman ** (1992)		24 Heures en 60 minutes		Grands reportages (SC)		Austin Powers: The Spy Who Shagged Me		
	67	67	67	RDI RDI monde	RDI économie	The Outer Limits		Destination: Infestation (2007, Suspense)		Le Téléjournal (SC)		RDI économie
	39	39	39	SHOW Trailer Park	Trailer Park	Rich Poor	Rich Poor	Wedding SOS	Wedding SOS	Wedding SOS	Wedding SOS	Bulging Brides
	40	40	40	SLICE Skin Deep	Skin Deep	Stargate Atlantis (DVS)		Star Trek: Voyager		Star Trek: Voyager		Star Trek: Voyager
	47	47	47	SPACE Stargate SG-1 (DVS)		UFC Unleashed		Surviving Disaster "Hijack"		Surviving Disaster "Fire"		Surviving
	14	14	14	SPKIE etalk	TMZ (N)	Look-A-Like	TMZ	The Ellen DeGeneres Show (N)		The View (HDTV) (N)		Dr. Oz Show
	21	21	21	TLC What Not to Wear		Ultimate Cake Off		Jon & Kate	Jon & Kate	18 Kids-Count	18 Kids-Count	Dancing
	56	56	56	34 TROP Prod. Parker	Prod. Parker	70s Show	70s Show	The Outer Limits		ET Canada	Switch	Family Guy
	20	20	20	TVS Que-champion	Journal de Fr2	Dans la peau d'un prédateur		Sur les pas de Jules Verne	Sur les pas de Jules Verne	Quantum Leap		Expression
	28	28	28	V Mystery Ways		Murder, She Wrote		Bless-Father	Dinnerdishes	The Closer		Unscripted
	97	97	97	VIVA Da Vinci's Inquest		Judging Amy		Missing "Domestic Bliss"		Style by Jory	Style by Jory	Da Vinci Inquest
	22	22	22	W House-Sell	Style by Jory	Old Christine	Friends	Friends	Grocery Bag	Style by Jory	Style by Jory	Good Naked
	251	251	251	WGN Be-Millionaire	Evening News	Two/Half Men	Family Guy	90210 (HDTV) (N)		Melrose Place (N)		MLB Baseball

## critics' corner

**Being Erica**  
Got tissues? You may need them for this episode. Of all the regrets that Erica (Erin Karpluk) has about her life to date, the biggest one has to do with the death of Leo, her brother. This trip back in time leads her to learn the hard way that trying to change the past has huge consequences for the future. 9 PM on CBC



**Live at the Rehearsal Hall**  
Singer-songwriter K.d. lang takes the stage in this episode performing songs from her album "Watershed." Released in February 2008, it's her first collection of original material since "Invisible Summer" in 2000 and features the single "I Dream of Spring." 9 PM on BRAVO

**The Hidden Face of Fear**  
We all know what it feels like to be afraid, but why does it feel that way? And what happens when we can't get over it? In this new documentary, neuroscientists and psychologists explain what goes on in the brain in response to frightening situations, focusing on three New Yorkers being treated for post-traumatic stress disorder in the wake of the 9/11 attacks. It also explores how we learn fear and how the brain might be "rewired" to prevent PTSD. 11 PM on NW





Singer Robbie Williams is such a huge fan of reality TV, he'd like to become a part of it. "I really like I'm A Celebrity... Get Me Out Of Here! It'd be fun to go on," he said, according to the Sun, and added he'd like to visit the Real Housewives set to see how it's made. **METRO NEWS SERVICES**

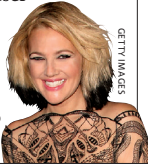
**Robbie the reality hound**

## Celebrity Buzz

### Drew and Justin back on again

**REUNION** Drew Barrymore and Justin Long appear to be back on once again. Before Barrymore hit the Toronto International Film Festival, the pair was spotted at Brick Lane Curry House in New York City, where they arrived without a reservation and went unnoticed, a source tells People.

**METRO WORLD NEWS**



## Kanye's sorry for knocking Taylor at VMAs

**EATING HIS WORDS** After Sunday's MTV Video Music Awards — during which Kanye West brazenly interrupted Taylor Swift's Best Female Video acceptance speech to say that Beyoncé deserved to win — Swift spoke to reporters about the incident, us-magazine.com reports.

"I was really excited because I had just won the award," the 19-year-old singer began. "And then I was really excited because Kanye West was on stage.

And then I wasn't so excited anymore after that."

After the bizarre incident, she said celebs reached out to her backstage. (Some even tweeted; Pink, for instance, wrote: "Kanye west is the biggest piece of s— on earth. Quote me.")

"I've been getting so many text messages and every-

body's been really nice," Swift said. "So I've had a really, really fun night ... It's definitely been an interesting night."

She said she doesn't have any ill will toward the rapper, 32, of whom she said she is a fan.

"I don't know him, and I've never met him, so..." she said. "I don't want to start anything."

She also thanked Beyoncé (who won Video of the Year), who invited her on stage to give an acceptance speech.

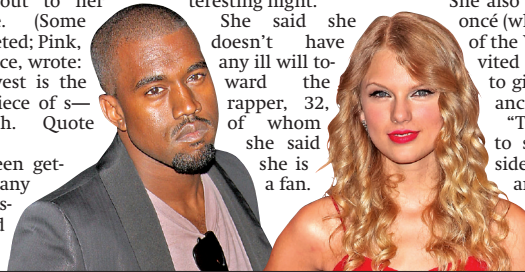
"They told me to stand by the side of the stage, and I didn't really know what was going to go

down," she said. "But I thought it was so wonderful and gracious of her to do what she's always done."

West was quick to blog an apology for ruining Taylor Swift's speech.

"I'm sooooo sorry to Taylor Swift and her fans and her mom," West wrote after the ceremony. "I spoke to her mother right after and she said the same thing my mother would've said. She is very talented."

**METRO WORLD NEWS**



## Elton's potential adoption hits red tape

**WILL HE PULL A MADONNA?** Singer Elton John and his longtime partner David Furnish won't be able to go home with the Ukrainian orphan they want to adopt, a Ukrainian family minister said Monday — citing a national law that prohibits unmarried couples from adopting, the Associated Press reports.

John and Furnish, who have

been in a civil partnership since 2005, met the 14-

month-old Lev while touring an orphanage where many of the children's parents have died from AIDS, people.com reports.

"I would love to adopt him," John, 62, said over the weekend. "I don't know how we do that but he has stolen my heart."

Ukrainian laws are very strict when it comes to adoption.

The laws ban same-sex couples from adopting, and parents cannot be more than 45 years older than the child.

According to the country's law, should Ukrainian President

Viktor Yushchenko grant John and Furnish a presidential dispensation, the pair would also have to adopt Lev's brother, who is also in care.

**METRO NEWS SERVICES**



## ScarJo dumps comics

**THE COMIC BOOK GUY'S DREAM** Scarlett Johansson is planning a superhero clear-out of her house, femalefirst.co.uk.

The actress plays Russian spy Black Widow in the upcoming Iron Man 2, while her husband Ryan Reynolds starred as villain Deadpool in the X-Men franchise. Between the two, Johansson admits their house is cluttered with comics.

She said: "There is a lot of superhero stuff going on

for us at the moment ... It's fun to get into that whole world together even if there is quite a stack of comic books taking up space!"

Still, the 24-year-old blonde star is keen to reprise her Marvel role.

She recently said: "The Black Widow has many different incarnations and different storylines so I'm hoping she will be able to continue in that way."

**METRO NEWS SERVICES**



## Mischa on a short leash

**THE SPOTLIGHT** Since her hospitalization over the summer, producers on The Beautiful Life have been keeping an eye on Mischa Barton, and she isn't enjoying the extra attention. "All I can do is smoke cigarettes," Barton com-

plained to a co-worker, according to Page Six.

Barton had planned to "party responsibly" over the weekend with co-stars and friends, including the show's producers, Ashton Kutcher and Demi Moore.

**METRO NEWS SERVICES**



## No more Mr. Nice Director

**SOURPUSS** Guy Ritchie will never make a "nice" movie, femalefirst.co.uk reports. The Sherlock Holmes director likes his films to have action and conflict, so he'll never play it safe.

He said: "A nice

theme about something nice with people being nice towards one another is just f—ing boring ... There's no conflict, and movies thrive on conflict and contrast."

**METRO NEWS SERVICES**



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**WIN A TRIP TO PARIS TO SEE GREEN DAY**

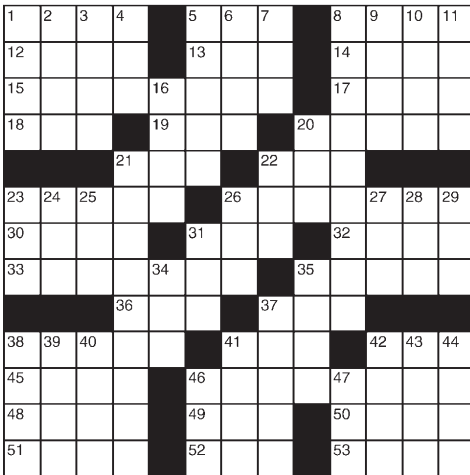
**Q-Jet in Paris**

**LISTEN FOR THE SOUND OF THE Q-JET... THEN CALL 451-1043!**





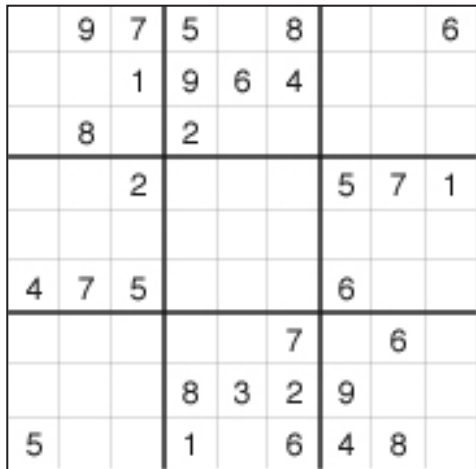
For more delicious Metro recipes, visit: [metronews.ca/food](http://metronews.ca/food)



## Sudoku

For more/less challenging Sudoku puzzles, visit [metronews.ca](http://metronews.ca)

**HOW TO PLAY:** Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



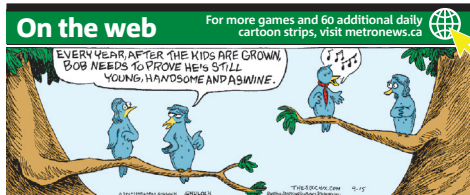
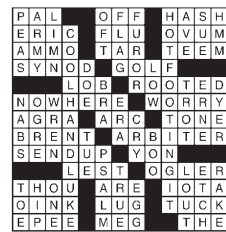
## ACROSS

- 1 Sail support
- 5 Suitcase
- 8 Cooling devices
- 12 Reverberate
- 13 Lawyers' org.
- 14 Out of the storm
- 15 Time-saver
- 17 Ski-lift type
- 18 Nay opposite
- 19 Deteriorate
- 20 Muffler
- 21 Container for cookies
- 22 8-Across'
- 23 Pocattello's state
- 26 Frustrates
- 30 Ms. Moore
- 31 Egg — yung
- 32 Ark builder
- 33 Con
- 35 Act segment
- 36 April follower
- 37 Adversary
- 38 Curtain material
- 41 Hawaiian
- 42 TV watchdog

## DOWN

- 1 Arizona city
- 2 Sore
- 3 Oxford, for one
- 4 Rocky peak
- 5 Pancetta, e.g.
- 6 Touch
- 7 Gangster's gun
- 8 "Yeah, that'll happen!"
- 9 Actress Jessica
- 10 Approach
- 11 Helot
- 12 Small combo
- 20 Witnessed
- 21 One kind of Girl Scout cookies
- 22 Pi follower
- 23 Cards at the
- door
- 24 Morning moisture
- 25 Parisian pal
- 26 Placekicker's pride
- 27 Canape topping
- 28 Hosiery shade
- 29 That woman
- 31 Aviate
- 34 River blocker
- 35 Earth
- 37 Criminal
- 38 Faction
- 39 Boast
- 40 Portrayal
- 41 Diane or Nathan
- 42 Most popular, briefly
- 43 Staff leader?
- 44 Minimal change
- 46 Young one
- 47 AAA job

## PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



## Metro Recipe of the Day



## French-Style Chicken in Wine

### INGREDIENTS:

- 12 shallots or pear onions
- 1-1/2 tbsp (20 ml) garlic-flavoured olive oil
- 2 oz (60 g) back bacon, cut into thin strips
- 12 cremini or white mushrooms
- 4 chicken pieces, such as breast halves
- Several sprigs parsley, stems bruised
- Several sprigs fresh thyme
- 1 bay leaf
- 2/3 cup (150 ml) chicken stock
- 1-1/2 cups (375 ml) full-bodied red wine, such as shiraz
- 2 carrots, cut into chunks
- Pinch sugar
- 1 tbsp (15 ml) cornstarch
- Salt and fresh-ground black pepper
- Chopped parsley

### METHOD:

1. Put shallots or onions in heatproof bowl and pour over enough boiling water to cover. Leave 30 seconds, then drain. When cool enough to handle, peel and set aside.
2. Heat 1 tbsp (15 ml) oil in Dutch oven over medium heat. Add bacon and sauté, stirring often, until crisp, 3 minutes. Remove bacon with slotted spoon and set aside.
3. Add shallots to Dutch oven and sauté until brown all over, 5 to 8 minutes. Remove with slotted spoon and set aside.
4. Add mushrooms to Dutch oven, with remaining 1/2 tbsp (7 ml) oil, if needed, and sauté

until golden, 3 to 4 minutes. 5. Return half of bacon and shallots to Dutch oven. Place chicken pieces on top and sprinkle with remaining bacon and shallots. Tie herbs into bouquet garni and add to Dutch oven with stock and wine. Season generously with pepper. 6. Bring to boil, then reduce heat to very low, cover, and simmer 15 minutes. Add carrots and continue simmering over low heat until chicken is cooked tender and juices run clear when pierced, and carrots are fork-tender. 7. Remove chicken and arrange on warm serving platter. Strain liquid into pot. Add bacon, mushrooms, shallots, and carrots to chicken and keep warm. 8. Put bouquet garni back in strained liquid, add sugar and bring to boil. Boil until sauce is reduced to about 1-1/2 cups (375 ml). Meanwhile, mix cornstarch with a little water until smooth paste forms. Stir into sauce and simmer until thicker. Adjust seasoning to taste and discard bouquet garni. Spoon sauce over chicken and vegetables and sprinkle with parsley.

## rd.ca

For nutritional information on this and other great recipes, go to [rd.ca](http://rd.ca) or check out Key Ingredients in this month's Reader's Digest, on newsstands now!



## Horoscopes by Sally Brompton [sallybrompton.com](http://sallybrompton.com)

For Sally's expanded daily and weekend horoscopes, visit [metronews.ca](http://metronews.ca)

### ARIES

MARCH 21-APRIL 20

The more you fret about where your next dollar is coming from the more likely it is you won't get it. So think positively today.



### TAURUS

APRIL 21-MAY 21

At last you are in a position to voice your concerns to partners and loved ones. Put your point of view across, then listen carefully to their reply.



### LIBRA

SEPT 23-OCT 23

Some things make sense and some things do not and you just have to accept that. You may not like what's going on, but what choice do you have?



### SCORPIO

OCT 24-NOV 22

You know what you want and you have no doubt you'll get it before the end of the day. Others will realize it's not worth taking you on.



### GEMINI

MAY 22-JUNE 21

You've wasted too much time and energy on things that don't matter. Now you must cut out everything that is not central to your life's aims.



### SAGITTARIUS

NOV 23-DEC 21

Saturn in the career area of your chart means it is time to get serious about your ambitions. You deserve the best, but it won't just drop into your lap.



### CANCER

JUNE 22-JULY 22

The cosmic setup shows you're at a crossroads in your life. Fortunately, you know exactly what you want and exactly how you are going to get it.



### CAPRICORN

DEC 22-JAN 20

You'll have to deal with people whose ideas are very different from yours, but you can still get along. Try to understand where they're coming from.



### LEO

JULY 23-AUG 23

No matter what you're going through, a bit of logical thinking will surely convince you it's no big deal. In fact, by week's end it will have been forgotten.



### AQUARIUS

JAN 21-FEB 18

You must make sure you project the right image, especially to people in authority. If you want to move up in the world you'll need powerful friends.



### VIRGO

AUG 24-SEPT 22

You won't lack for opinions today, and that's good, but make sure everything you say is based on fact, not hearsay or wishful thinking.



### PISCES

FEB 19-MARCH 20

Your task today is to let certain people know that you intend to break free of the restrictions they've imposed on you — but don't be nasty about it.



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## WORDY GURDY®

BY TRICKY RICKY KANE

Every answer is a rhyming pair of words like FAT CAT and DOUBLE TROUBLE, and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

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1. "Chicago" actor Richard's wharves (1)
2. Loathe an octet's number (1)
3. Above a gadabout or nomad (2)
4. In cop-speak, offender's belches (1)
5. Ponzi schemer Madoff's wheeled oats (2)
6. Versatile @, & or # (2)
7. Nun's foot ailments (2)

ANSWERS: 1. RICHARD'S WHARVES 2. LOATHES 3. OVERBOYER 4. PERPS BURPS 5. BERNIES GUINNESS 6. NIMBLE SKINKER 7. SISTERS BUSTERS

## Today in history

SEPT. 15, 1835: HMS Beagle, with Charles Darwin aboard, reaches the Galapagos Islands.

SEPT. 15, 1916: First World War — Tanks are used for the first time in battle, at the Battle of the Somme.

SEPT. 15, 1944: Franklin D. Roosevelt and Winston Churchill meet in Quebec as part of the Octagon Conference.

SEPT. 15, 1962: The Soviet ship *Poltava* heads toward Cuba, one of the events that sets into motion the Cuban Missile Crisis.

SEPT. 15, 1968: The Soviet Zond 5 spaceship is launched, becoming the first spacecraft to fly around the moon and re-enter the Earth's atmosphere.

SEPT. 15, 2008: Lehman Brothers files for Chapter 11 bankruptcy, the largest bankruptcy filing in U.S. history.

**METRO NEWS SERVICES**

# AIR CANADA VACATIONS

## Occidental Hotels & Resorts

### Cancun / Riviera Maya

via Montreal

Occidental

Grand Xcaret • 4 1/2 ★

All-Inclusive

Supersaver deluxe rm.<sup>1</sup>

Oct. 4, 11 & 18 • 1 wk.

**\$769**

Taxes & other fees  
(including service charges): \$259

### Punta Cana via Toronto

Occidental Grand

Punta Cana • 4 ★

All-Inclusive • Junior suite

Oct. 4, 11, 18 & 25 • 1 wk.

Upgrade to the Royal Club luxury

room for only \$229 per person

**\$869**

Taxes & other fees  
(including service charges): \$313

## DEALS of the WEEK

### Varadero via Toronto

Sirenis La Salina Varadero • 4 ★

All-Inclusive • Standard rm.

Sept. 19 - 27 • 1 wk.

**\$589**

Taxes & other fees  
(including service charges): \$213

### Samana via Toronto

Gran Bahia Principe

El Portillo • 4 1/2 ★

All-Inclusive • Standard rm.

Sept. 20 & 27 • 1 wk.

**\$689**

Taxes & other fees  
(including service charges): \$313

### New York via Montreal or Ottawa

Holiday Inn

Midtown - 57th Street • 3 ★

Standard rm.

Oct. 1 & 14 • 2 nts.

**\$649**

Taxes & other fees  
(including service charges): \$110

### Orlando via Montreal

Disney's Pop

Century Resort • 3 ★

Special offer standard rm.

Nov. 19

5 nts.

**\$749**

Taxes & other fees  
(including service charges): \$129

### Cayo Coco via Toronto

TRYP Cayo Coco • 4 ★

All-Inclusive • Standard rm.

Sept. 19 & 26 • 1 wk.

**\$529**

Taxes & other fees  
(including service charges): \$213

### Samana via Toronto

Gran Bahia

Principe Cayacoa • 4 ★

All-Inclusive • Standard rm.

Sept. 20 & 27 • 1 wk.

**\$669**

Taxes & other fees  
(including service charges): \$313

### Jamaica via Toronto

Grand Palladium Jamaica

Resort & Spa • 4 1/2 ★

All-Inclusive • Junior suite

Oct. 1 - 4, 6 - 12 & 14 - 24 • 1 wk.

**\$1039**

Taxes & other fees  
(including service charges): \$277  
Please add \$50 for Sat. & Sun. departures

## DEAL to EUROPE

### Paris via Toronto

All Seasons Paris Gare Est • 3 ★

Breakfast • Standard rm.

Nov. 13, 17, 18 & 20

4 nts.

**\$747**

Taxes & other fees  
(including service charges): \$407

## DEAL on CRUISES

### Royal Caribbean International<sup>2</sup>

EARN 2,500 BONUS AEROPLAN MILES PER MEMBER<sup>3</sup>

Adventure of the Seas<sup>®</sup>

Southern Caribbean Cruise

Flights to San Juan via Montreal

Interior stateroom, cat. N

Dec. 20 • 1 wk.

**\$1729**

Taxes & other fees  
(including service charges): \$256

Earn up to 8,200 Aeroplan<sup>®</sup> Miles per member<sup>+</sup>

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Departure taxes are extra and must be paid locally: Costa Rica, 26 USD cash; Cuba, 25 CUC cash. Prices in this ad are in Canadian dollars and are valid for bookings made between Sept. 15 & 19/09, inclusive. Prices are per person based on double occupancy, unless otherwise stated, from Halifax International Airport. Air & Hotel packages to the Caribbean, Cuba, Costa Rica and Mexico include return flight, the hotel as described and transfers at destination. Air & Cruise packages include return flight, the cruise as described and transfers at destination. Packages to Europe and the USA include return flight and hotel as described. New bookings only. Subject to availability. Not applicable to group bookings. Sale prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Flights operated by Air Canada. For applicable terms and conditions, consult the Air Canada Vacations brochures or [www.aircanadavacations.com](http://www.aircanadavacations.com). <sup>1</sup>Aeroplan Miles are not actual miles, but points towards rewards including travel rewards. Unless otherwise indicated, Aeroplan Miles indicated are based on roundtrip Economy class per passenger from Halifax to London via Toronto, are awarded on flight-inclusive travel only, and are per Aeroplan member. For the amount of Aeroplan Miles that can be earned when flying to other destinations, visit [www.aircanadavacations.com](http://www.aircanadavacations.com). For terms and conditions of the Aeroplan program, consult [www.aeroplan.com](http://www.aeroplan.com). <sup>2</sup>Xcaret park tickets not included with this room category. <sup>3</sup>Royal Caribbean International Ltd. ships' registry: The Bahamas. <sup>4</sup>Earn 2,500 bonus Aeroplan Miles if booking is made by Oct. 31/09 for departures between Sept. 1 & Dec. 31/09. <sup>5</sup>Available on select flights. Full details available at [aircanadavacations.com/executiveclass](http://aircanadavacations.com/executiveclass). <sup>6</sup>Aeroplan is a registered trademark of Aeroplan Canada Inc. <sup>7</sup>Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership. Visit [www.aircanadavacations.com](http://www.aircanadavacations.com) for up-to-date information.